



# Family Business Mastermind Journal



**There's No  
Business  
Like Family  
Business!**

***Life is a Journey.  
Accept Responsibility for Your Life.  
Know that It is You Who will Get You  
Where You want to Go.  
No One Else.***



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**The price of success is hard work,  
dedication to the job at hand,  
and the determination that whether we win or lose,  
we have applied the best of ourselves to the task at hand.**

- Vince Lombardi



## How to Use this Journal

The purpose of this mastermind group is to help you achieve your goals and dreams, especially the goals you set for yourself over the next Twelve (12) Month Period. This journal will be important in helping you on your journey.

I would like to ask you to make a commitment today to using your family business mastermind group to support you, to coach you and keep you accountable as you create the life and business of your dreams. Promise yourself and your group that you will support the other members in achieving their goals as well.

Close your eyes and visualize where you want you, your family and your business to be a year from now. Envision your relationships and family life, your health, your finances, your business, your home, and your spiritual well-being a year from now.

At the beginning of each 90-day period, I want to ask you to set more specific, tactical goals into realistic tasks and make a list of what resources you'll need to accomplish your goals. You'll have the opportunity to discuss your goals and tasks within your mastermind group.

Commit to focusing not only what you have to do, but what's holding you back from doing it. Where do you need to grow? What are you grateful for? What are you tolerating in your life?

Other notes, resources and inspirations are available in this Journal, and there are spaces to add your own. If you find a new resource, website or book, or discover a motivational quote that touches you, make sure you share it with your mastermind partners.

Finally, there is a section in this Journal to take notes before and during mastermind meetings.

There's no Business like Family Business!

Let's get started! Have Fun!!!



## Mastermind Group Goals

What do you want most from this mastermind group?

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How would you like to contribute to this mastermind group?

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## Yearly Goals and Intentions

In this section, write down a clear description of your major desire in life. Use extra paper if necessary, as long as you have clear vision of exactly what you want. Don't worry about "how" you'll achieve it; focus on the "what only."

*This should be your personal idea of success.*

**You have brains in your head.**

**You have feet in your shoes.**

**You can steer yourself, any direction you choose.**

- Dr. Seuss







**This year, I want...**

For Myself...

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For My Relationships...

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# Family Business Mastermind Success Journal

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For My Family...

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For My Relationships...

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# Family Business Mastermind Success Journal

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For My Family...

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For My Home...

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# Family Business Mastermind Success Journal

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For My Finances...

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For My Career and Business...

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# Family Business Mastermind Success Journal

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For My Health and Physical Wellbeing...

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For My Spirit...

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# Family Business Mastermind Success Journal

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For My Beliefs...

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For My Mind...

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# Family Business Mastermind Success Journal

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For My Community...

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For My World...

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**The Older I get  
the less I listen to what people say  
and the more I like what they do.**

-Andrew Carnegie









## 90-Day Goals

**Quarter 1: From \_\_\_\_\_ to \_\_\_\_\_**

For the next 90 days, I would like to focus on...

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For the next 90 days, I would like to accomplish...

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# Family Business Mastermind Success Journal

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**Quarter 2: From \_\_\_\_\_ to \_\_\_\_\_**

For the next 90 days, I would like to focus on...

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For the next 90 days, I would like to accomplish...

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**Quarter 3: From \_\_\_\_\_ to \_\_\_\_\_**

For the next 90 days, I would like to focus on...

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For the next 90 days, I would like to accomplish...

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**Quarter 4: From \_\_\_\_\_ to \_\_\_\_\_**

For the next 90 days, I would like to focus on...

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For the next 90 days, I would like to accomplish...

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**Servant leadership is all about  
making the goals clear  
and then rolling your sleeves up  
and doing whatever it takes to help people win.  
In that situation, they don't work for you;  
you work for them.**

-Ken Blanchard



## Weekly Journaling

On the following pages, record your weekly goals, tasks you must complete towards your goals, and any resources you need to gather to accomplish your tasks.

If you need more weekly journaling pages, your mastermind group facilitator can provide you with a template or use the questions from this journal to create your own weekly journal using a blank journaling book purchased from a book store.



## Weekly Journal – Week 1

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 2

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 3

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 4

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 5

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 6

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 7

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 8

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 9

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 10

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 11

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 12

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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## Weekly Journal – Week 13

Date: \_\_\_\_\_

Today I am grateful for...

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Last week's successes...

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# Family Business Mastermind Success Journal

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This week, I would like to focus on...

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I would like to add more \_\_\_\_\_ into my days this week.

This week, when I wake up, I will focus my thoughts on...

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**Once you have figured out what to do,  
be unstoppable about getting your small handful  
of priorities accomplished quickly.**

**I have yet to meet a slow-moving person who is very successful.**

-Sam Altman











## My Mastermind Group Members

Member's Name	Notes About This Member



## My Mastermind Meetings for This Year




## My Mastermind Meetings for This Year




**You have to be burning with an idea,  
or a problem, or a wrong that you want to right.  
If you're not passionate enough from the start,  
you'll never stick it out.**

-Steve Jobs



## Meeting Preparation

Meeting Date: \_\_\_\_\_

Successes I want to share with the group...

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Goals I accomplished since the last meeting...

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# Family Business Mastermind Success Journal

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I want to share these goals with the group...

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Resources to share in this meeting...

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# Family Business Mastermind Success Journal

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I would like to mastermind at this meeting...

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This is primarily about:

- Finding a solution
- Generating ideas
- Asking for support
- Asking to be held accountable
- Sharing a success
- Sharing a failure
- Making a decision
- Getting to the root of a problem or concern



## Action Plan Worksheet

I need to take these steps...

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I need to contact these people/resources...

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# Family Business Mastermind Success Journal

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I will delegate these tasks/projects...

Task/Project

To Whom

Due When

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I need to learn more about these topics...

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## Inspiration and Resources

### Quotations that Inspire

- Be daring be different, be impractical, be anything that will assert integrity of purpose and imaginative vision against the play-it-safers, the creatures of the commonplace, the slaves of the ordinary. – Sir Cecil Beaton
- Once I decide to do something, I can't have people telling me I can't. If there's a roadblock, you jump over it, walk around it, crawl under it. – Kitty Kelly
- It is those who concentrate on but one thing at a time who advance in this world. – Og Mandino
- Life is either a daring adventure, or nothing. -Helen Keller
- Success does not consist in never making mistakes but in never making the same one a second time. -George Bernard Shaw
- Our goals can only be reached through a vehicle of a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success. – Stephen A. Brennan
- Laugh at yourself. But don't ever aim your doubt at yourself. Be bold. When you embark for strange places, don't leave any of yourself safely on shore. Have the nerve to go into unexplored territory. – Alan Alda
- Striving for excellence motivates you; striving for perfection is demoralizing. – Harriet Braiker
- There is a great difference between worry and concern. A worried person sees a problem, and a concerned person solves a problem. – Harold Stephens



## Quotations on Leadership

- “There is a difference between being a leader and being a boss. Both are based on authority. A boss demands blind obedience; a leader earns his authority through understanding and trust.” –Klaus Balkenhol, Olympic medalist
- Set your sights high, the higher better. Expect the most wonderful things to happen, not in the future but right now. Realize that nothing is too good. Allow absolutely nothing to hamper you or hold you up in any way. – Eileen Caddy
- Success demands focus. It is the hallmark of all truly great people. Your ability to get and remain focused or lack thereof is perhaps the key determinant of your success. – Gary Ryan Blair
- Courage is the price that life exacts for granting peace. – Amelia Earhart
- Thought, not money, is the real business capital, and if you know absolutely that what you are doing is right, then you are bound to accomplishment it in due season. – Harvey Firestone
- Success is going from failure to failure without losing enthusiasm. – Winston Churchill
- The foolish man seeks happiness in the distance; the wise grows it under his feet. – James Oppenheim
- Your decision to be, have and do something out of ordinary entails facing difficulties that are out of the ordinary as well. Sometimes your greatest asset is simply the ability to stay with it longer than anyone else – Brian Tracy
- Servant leadership is all about making the goals clear and then rolling your sleeves up and doing whatever it takes to help people win. In that situation, they don't work for you; you work for them. – Ken Blanchard
- People do not care how much you know until they know how much you care. – John Maxwell



## Quotations about Family Business

- In our family business, the Edelman children must earn their way - there were and will be no promises without performance and leadership. That may lead to some skinned knees, but it is certainly the best way to learn life lessons.  
- Richard Edelman
- None of us is as smart as all of us. — Kenneth H. Blanchard
- Our first half is about how to make a living, and our second half has the promise of being about how to make a life. – Bob Buford
- “If companies aren’t willing to adapt to change, they are in trouble. A lot of people hate change and that holds them back.”  
– Blake Hobson, Co-owner, Image Industries
- “Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do.” –Steve Jobs, Co-Founder, Apple
- In the end, I’ve realized that legacy is not important except to your children and family and friends. When I am on my deathbed, I just want to feel as if I have loved and been loved, done some good in the world, and made a difference here and there. – Richard Branson
- The first half of our life is ruined by our parents, and the second half by our children. – Charles Darrow
- Most of us are about as eager to be changed as we were to be born and go through our changes in a similar state of shock. – Baldwin
- “In the end, I’ve realized that legacy is not important except to your children and family and friends. When I am on my deathbed, I just want to feel as if I have loved and been loved, done some good in the world, and made a difference here and there.”
- "Most of the successful people I've known are the ones who do more listening than talking." --Bernard Baruch



**When we took over, we made a pact**

**that we wouldn't argue about little things.**

**We get along because the business is more important**

**than who's right and who's wrong.**

-Judith Lowry







## Suggested Websites

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## Suggested Books

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**Success means using knowledge and experience  
to satisfy yourself.**

**Significance means using your knowledge  
and experience  
to change the lives of others.**

- Bob Buford



